ALAG Information



For autistic adults without a co-occurring learning disability

ALAG Monthly Events

What to Expect:

- Monthly peer-led meetings/events that offer a safe space for autistic adults to share their experiences and receive information.
- Events have a theme or focus on a subject that are suggested by our autistic members.
- Sometimes a guest speaker will give a talk or presentation, or there will be a panel discussion led by autistic peers.
- No pressure to turn your camera on, you are welcome to participate using the chat.
- · You will not be asked to speak unless you want to during the allocated discussion/Q & A section.

Where: A mix of online webinars over zoom and quarterly in-person.

When: First Tuesday of the month, 7:00-8:30pm

Activities & Workshops

For those on the mailing list you receive:

- A monthly calendar of activities you can access including Board Games Afternoon, Art/ Creative Dropin Space, and community visits.
- Email reminders for activities the week of the event.

Relaxed Spaces Newsletter

• Join the mailing list for our monthly 'Relaxed Spaces/Places Newsletter' sharing arts/music/theatre venues offering relaxed performances/visiting hours

Would you like to be added to our mailing list to receive information about these activites?

Please complete our membership form.

Is there a membership fee?

Yes there is an annual membership fee of:

- £12.00 waged
- £6.00 unwaged
- £18.00 organisations

Please note if you are a Camden or Islington resident, your membership fee will be paid by your Local Authority.

What do I have to do to become a member?

Please complete the online membership form using the link: https://forms.office.com/r/vcf5gW3GHH.

If you need support to fill in the membership form please contact ALAG (info@alag.org.uk).



