



Families for Life Champion Training

Free for Camden Residents

Want to volunteer to support local families?

- Do you live in Camden?
- Enjoy helping others?
- Care about a happier, healthier community?

A Champion helps by:

-  Supporting families with children aged 2–11
-  Sharing information and ideas around healthy activities in Camden

What you will get:

- ✓ New skills
- ✓ More confidence
- ✓ A boost for your CV
- ✓ Help with job plans
- ✓ Meet friendly new faces

We will support you:

-  Free refreshments
-  Travel covered
-  Childcare cost covered
-  Supportive team
-  Volunteering that fits around you



Next programme starting:

Tuesday 6 October - 17 November 2026 (once a week)



10:00am to 12:30pm



Venue: Peckwater Tenants' Association Hall, Peckwater Street, NW5 2UE



Get in touch with Syria: 07827 802191 or scan the QR code to register.