**Befriending or Telephone Support - updated 21/10/20**

Voluntary Action Camden Covid19 Directory also provides a list of befriending services searchable by ward (contact details and any referral criteria) that are currently operating.

[**https://vac.secure.nonprofitsoapbox.com/covid-19**](https://vac.secure.nonprofitsoapbox.com/covid-19)

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| **Organisation / Group** | **Details** |
| **The Silver Line** | National confidential and free helplineFreephone **0800 470 8090** Email **info@thesilverline.org.uk** |
| **Bengali Workers Association** | Telephone or video support eg. Face Time is available for residents including non-Bengali residents.For further details phone **020 7388 7313**Email **info@bwa-surma.org** |
| **Henna Asian Women’s Group** | **For registered members**, a telephone befriending service is available once a week on a Monday. Contact Beenish Shaikh, Support Officer to make referrals. Working days/hours Monday to Thursday 9am to 4.30 pm.Mobile number **07519 953 460** Website [**http://www.hennaorg.co.uk/**](http://www.hennaorg.co.uk/) |
| **Hopscotch Asian Women’s Centre** | Telephone support is available for older Asian womenFor further details phone **020 7388 8198**Website [**http://www.hopscotchawc.org.uk/covid-19-our-plan/**](http://www.hopscotchawc.org.uk/covid-19-our-plan/) |
| **North London Cares***Love Your Neighbour* | Telephone friendship scheme is available for over 65s. North London Cares also host Phone-In Social Clubs twice a week, which are free to call into from a landline, every Tuesday & Thursday afternoons. They also host video clubs using Zoom, which require internet access. North London Cares can guide older neighbours on how to use a smartphone, tablet or computer to take part.Telephone **020 7118 3838** and select option 3Website: [**https://northlondoncares.org.uk/make-a-referral**](https://protect-eu.mimecast.com/s/5Wg9C0YZGC4mMAJswWHlg?domain=northlondoncares.org.uk) |
| **Re-engage***formerly* ***Contact the Elderly – Tea Party with Friends*** | A new telephone service has been developed in response to COVID-19. Phone to make a referral.Freephone **0800 716 543**Telephone **020 7240 0630**Website [**https://www.reengage.org.uk/**](https://www.reengage.org.uk/) |
| **Third Age Project** | **For registered users and members**, a telephone befriending and buddying service is available. A WhatsApp group is also available in different languages. Locally in the Regents Park area, we will be providing a more enhanced service to older residents who are self-isolating. Others living outside of the area will be signposted appropriately.Website [**www.thirdageproject.org.uk**](http://www.thirdageproject.org.uk) |
| **Age UK Camden - Dementia Befriending Service** | A telephone befriending service for people with dementia. Telephone **020 7239 0400** to make a referralEmail **dementia.wellbeing@ageukcamden.org.uk**Website [**https://www.ageuk.org.uk/camden/our-services/dementia-support/dementia-befriending/**](https://www.ageuk.org.uk/camden/our-services/dementia-support/dementia-befriending/) |
| **Age UK Camden – Telefriends**  | A telephone friendship service for older people over the age of 60. Telephone calls are weekly between 10am and 6.30pm.Telephone **020 7239 0400**Email **telefriends@ageukcamden.org.uk** Website [**https://www.ageuk.org.uk/services/befriending-services/sign-up-for-telephone-befriending/**](https://www.ageuk.org.uk/services/befriending-services/sign-up-for-telephone-befriending/) |
| **Opening Doors London** | A telephone befriending service for LGBT+ people aged over 50 who would like to receive a weekly phone call.Telephone **020 7239 0400**Email **befriending@openingdoorslondon.org.uk**Website [**https://www.openingdoorslondon.org.uk/telefriending**](https://www.openingdoorslondon.org.uk/telefriending) |

**The below services are ward or area specific**

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| **Ward / Area** | **Organisation or group** | **Details** |
| Belsize | **Elliot Square Residents Association** | **For residents of Elliot Square**, a befriending service available where someone can make check in calls or chat with you. Mobile number **07767 820673** |
| Cantelowes | **Maiden Lane Community Centre** | Maiden Lane Community Centre are able to provide limited telephone support.For details, telephone **020 7267 9586**Alternatively, submit an enquiry on [**https://www.maidenlanecommunitycentre.org/contact-details.html**](https://www.maidenlanecommunitycentre.org/contact-details.html) |
| Covent Garden and surrounding areas | **Dragon Hall Trust Covent Garden** | Please make an online referral for telephone supportReferral form [**https://www.dragonhall.org.uk/covid-19-local-help/**](https://www.dragonhall.org.uk/covid-19-local-help/)There are also duty details via this link in case of more urgent situations. |
| Highgate | **Highgate Newtown Community Centre** | HNCC and partners are providing a support service prioritising helping older people, those who may be unwell and parents facing hardship.Telephone: **020 7272 7201** (main switchboard)Email**andrewhncc@outlook.com** |
| Kentish Town | **Inkerman Area Residents Association** | Inkerman Area Residents Association are able to provide a telephone befriending service to residents in Kentish Town.Telephone **07909 103 451** Email **inkermanara@hotmail.com** |
| Kilburn | **Webheath Tenants Association** | For residents local to Webheath or Kilburn, telephone support is available.For further details phone **07773 267 505**Email **webheathtra@gmail.com** |
| NW3 / Primrose Hill | **Age UK Camden** | For residents in NW3 and Primrose Hill, a Good Neighbours Scheme is available.Contact the Good Neighbours Scheme Coordinator on **020 7239 0400**Email **gns@ageukcamden.org.uk** |
| West Hampstead | **Emmanuel Church West Hampstead** | Pastoral telephone support is available.For further details phone **020 7435 1911**Email**emmanuelnw6@gmail.com** |