

Learning Disability Advocacy Services in Camden

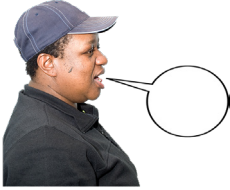


POhWER
Voices Heard • Lives Empowered

Your Voice, Your Choice

One to one advocacy

We can help you to:



- say what you want



- be heard



- understand your rights



- have choice and control in your life



- choose who supports you



- get information and advice

What is an Advocate?



- an advocate is someone who helps you to speak up for yourself.



- they can also speak for you if you find it hard to do this yourself.



- You can speak to an advocate if you are not happy about something.

How to get in touch



Email - pohwer@pohwer.net



Telephone - 0300 456 2370 (charged at local rate)



Minicom - 0300 456 2364



Text - send the word 'pohwer' with your name and number to 81025



Skype - [pohwer.advocacy](https://www.skype.com/pohwer.advocacy) (8am to 6pm Monday to Friday)



Fax - 0300 456 2365



Post - PO Box 14043, Birmingham, B6 9BL



Website - www.pohwer.net



Follow us on Twitter @POhWERadvocacy



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Access to information

- We provide leaflets and information in a variety of languages and formats including Easy Read, audio and DVDs
- We have access to translation and interpreting services
- We use communication toolkits, Makaton and other signing techniques

