

Connecting Conversations in Camden

Events and information all in one place for people living with dementia and those supporting them

July 2026 Listings (New Entries are in Red)

Compiled by Kate White and Melissa Fry
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ACCESS to events

We recommend contacting the event provider in advance to book your place and to discuss any access requirements, or for support with travel plans.

Mondays

6th / 13th / 20th / 27th July at 10.00 – 11.30am

Art in Nature with Engage Here

Calthorpe Community Garden, 258-274 Gray's Inn Rd, London WC1X 8LH
Contact: info@calthorpecommunitygarden.org.uk

6th / 13th / 20th / 27th July at 10.30am – 12pm

Memory Cafe: Art and Crafts including weaving & printing with Zoe

Millman Street Centre, 50 Millman Street, London WC1N 3EW
Sudiksha: sudiksha@holborncommunity.co.uk / 020 7405 2370 (opt 2)
Book: book.plinth.org.uk/e/AlfQGPFg5zAkqYnOcMJ

6th / 13th / 20th / 27th July at 11.00am – 1.00pm

Wellbeing Coffee Morning

Kentish Town, Community Centre, 17 Busby Place, London NW5 2SP
Contact: 020 7482 3212 / info@ktcc.org.uk

27th July at 1.30 – 4.00pm

Closer Look Tours at the Victoria & Albert Museum

V&A Museum, Art Studio, Learning Centre, Cromwell Rd, London SW7 2RL
Book (ASAP): 020 7942 2000 or
www.vam.ac.uk/event/DADWAIMRm9R/dementia-friendly-closer-look-tour-june-no-v-2026

Please contact the event provider to book your place, discuss any access needs, and plan your travel

Tuesdays

7th / 14th / 21st / 28th July at 10.00am – 12.00pm

Nature Arts and Crafts with Castlehaven Horticulture Hub

Castlehaven Community Gardens, 23 Castlehaven Rd, London NW1 8RU

Contact: environmentalteam@castlehaven.org.uk / 0207 485 3386

Chelsea Pensioners Community Engagement Sessions

Royal Hospital Road, London SW3 4SR (enter via Chelsea Gate)

chelsea-pensioners.co.uk/visit/community-engagement

Contact: CommunityEngagement@chelsea-pensioners.org.uk / 0207 881 5493

7th July at 10.30 – 11.30am

Relaxed Art Workshop

14th July at 10.00 – 11.30am

Joyful Singing Session

21st July at 10.00am – 12.00pm

Drop in get together: Refreshments & Conversation

28th July at 10.30am – 12.00pm 1.30 – 2.30pm

Sensory Walk

Interactive music with Mac

7th / 14th / 21st July at 3.30 – 4.30pm (Tea/cake 3.00pm)

Memory Singing Circle

Primrose Hill Community Centre, 29 Hopkinson's Pl, London NW1 8TN

Mick: 0207 586 8327 / phca.cc/events-activities

7th / 14th / 21st / 28th July at 2.00 – 3.30pm

Art in Nature with Engage Here

London Irish Centre, 50–52 Camden Square, London NW1 9XB

Contact: emelyerennards@londonirishcentre.org

28th July at 10.30am – 12.30pm

Tea and Talks with Zookeepers

ZSL London Zoo at Regents Park, Outer Circle, London NW1 4RY

Emma: communityengagement@zsl.org / 07966 294 022 (£6 incl zoo visit)

Please contact the event provider to book your place, discuss any access needs, and plan your travel

Tuesdays (Continued)

7th / 14th / 21st / 28th July at 6.00 – 7.30pm

The North London NHS Community Choir

Conference Room, St Pancras Hosp., 4 St Pancras Way, London NW1 0PE

Julie: Julie@keychanges.org.uk

Wednesdays

1st / 8th / 15th / 22nd / 29th July at 10.30am – 1.30pm

Community Gardening with Castlehaven Horticulture Hub

Castlehaven Community Gardens, 23 Castlehaven Rd, London NW1 8RU

Contact: environmentalteam@castlehaven.org.uk / 0207 485 3386

1st / 8th / 15th / 22nd / 29th July at 2.00 – 3.00pm

Art Wednesdays online via Zoom from home

Jasmine Karis: jasmine-karis@artsfordementia.org / 020 3633 8209

1st July at 11.00am – 1.00pm

Art Workshop led by Melissa from Engage Here

The British Library, 96 Euston Rd, London, NW1 2DB

Melissa: info@engage-here.co.uk / 07912 497387

8th at 2.00 – 4.00pm

Music for the Mind at the Memory Cafe – Right at Home

West Hampstead Community Centre, 17 Dornfell St, London NW6 1QN

Darshan: 020 3921 1111 / camden.hampstead@rightathome.co.uk

22nd July at 2.00 – 4.00pm

Art for the Mind at the Memory Cafe – Right at Home

West Hampstead Community Centre, 17 Dornfell St, London NW6 1QN

Darshan: 020 3921 1111 / camden.hampstead@rightathome.co.uk

22nd July at 1.30 – 4.30pm

Film and Tea with Ice Cream!: An American in Paris

The Liberal Jewish Synagogue, 28 St John's Wood Rd, London NW8 7HA

Contact: ljs@ljs.org / 020 7286 5181 (£2.00, no booking needed)

Please contact the event provider to book your place, discuss any access needs, and plan your travel

Thursdays

2nd / 9th / 16th / 23rd / 30th July at 12.00 – 2.00pm

Musicali-Tea (includes Tea, Tales and Tunes)

Holy Sepulchre Church, Holborn Viaduct, London, EC1A 2FD

Book: hsl.church/upcoming-events (Free, booking essential)

2nd / 9th / 16th / 23rd / 30th July at 1.30 – 4.00pm

Memory Cafe and Carers Club

Third Age Project Community Centre, Cumberland Market, London NW1

Contact: 020 7383 4922 / info@thirdageproject.org.uk

2nd / 9th / 16th / 23rd / 30th July at 2.00 – 4.00pm

The Choir at The Bridge – come and sing!!

St John's Church, Waterloo, London, SE1 8TY

Abigail Tripp: outreach@stjohnswaterloo.org / 07741 736 481

Salma Hameed: dementia@age-exchange.org.uk / 07729 107 520

age-exchange.org.uk/hub-cafe/referrals

2nd / 9th / 16th / 23rd / 30th July at 2.00 – 4.00pm

Singing For The Mind

The Liberal Jewish Synagogue, 28 St John's Wood Rd, London NW8 7HA

Contact: ljs@ljs.org / 020 7286 5181 (£10.00 donation)

2nd / 9th / 16th / 23rd / 30th July at 2.00pm

Well-Being Garden

Kentish Town Health Centre, 2 Bartholomew Rd, London NW5 2BX

Melissa: info@engage-here.co.uk / 07912 497387

2nd / 9th / 16th / 23rd / 30th July at 4.30 – 5.30pm

Art Workshops by Engage Here

Kentish Town Health Centre, 2 Bartholomew Rd, London NW5 2BX

Melissa: info@engage-here.co.uk / 07912 497387

2nd at 10.30am – 12.15pm (every month)

The Revellers Club: Creative activities

Royal Albert Hall's North Circle Bar, Kensington Gore, SW7 2AP

Tickets: royalalberthall.com/tickets/events/education/the-revellers-club

Perdita: perditaB@royalalberthall.com / 020 7959 0540

Please contact the event provider to book your place, discuss any access needs, and plan your travel

Thursdays (Continued)

16th July at 10.00 – 11.30am

Community Drop In for coffee and cake and a chat

Belsize Community Library, Antrim Grove, Belsize Park, London NW3 4XN

Contact: nathanhartley1@bluebirdcare.co.uk / 07737 192156

23rd July at 2.00 – 4.00pm

Connecting Conversations in Camden – with tea and cake

Find out about projects & interesting activities to enjoy & also support for people living with dementia & those who support them.

Argenta House, 1 Aspern Grove, London NW3 2AB

Kate: km_white@mac.com

Camden Memory Service: 02033176584 / nlft.camdenmemoryservice@nhs.net

Thursday 30th July to 24 September

Together We Move: Free dance sessions for over 60s with The Place dance venue, Age UK Camden and Holborn Community

Millman Street Community Centre, Millman Street, London WC1N 3EW

Book (ASAP): 020 7405 2370 / admin@holborncommunity.co.uk /

holborncommunity.co.uk/activities/55-activities

Fridays

3rd / 10th / 17th / 24th / 31st July at 11.00am – 12.30pm

Art in the Library: Painting with Flora

For people living with early-stage dementia and their companions

Swiss Cottage, Central Library, 88 Avenue Road, London NW3 3HA

Jasmine Karis: jasmine-karis@artsfordementia.org / 020 3633 8209

3rd / 10th / 17th / 24th / 31st July at 2.30 – 4.00pm

Communi-tea (Tea, socialising, songs, skills and sharing)

Holy Sepulchre Church, Holborn Viaduct, London, EC1A

Contact: hsl.church/upcoming-events (Free, booking essential)

3rd July at 2 30pm Cake & Tea - 3- 4 pm Concert

Music for the Moment, Royal Academy of Music, Piano and Cello.

Wigmore Hall, 36 Wigmore St. London, W1U 2BP (Free, no need to book)

Please contact the event provider to book your place, discuss any access needs, and plan your travel

Saturdays

Saturday 11th July at 11.00am – 1.00pm

Get Creative

The British Library, 96 Euston Rd, London, NW1 2DB

Emma: Emma.Tutton@bl.uk

Future Events

Thursday 6th August and beyond

Together We Move – free dance sessions for over 60s

Camden residents aged 60 plus are invited to a free taster session on 30 July. Main programme, from 6 August to 24 September. Rediscover the joy of movement with The Place dance venue in partnership with Age UK Camden and Holborn Community Association.

Millman Street Community Centre, Millman Street, London WC1N 3EW

Book (ASAP): [020 7405 2370](tel:02074052370) / admin@holborncommunity.co.uk /

holborncommunity.co.uk/activities/55-activities

Thursday 24th September at 2.00 – 4.00pm

Connecting Conversations in Camden – with tea and cake!

Find out about projects & interesting activities for people living with dementia & those who support them.

Argenta House, 1 Aspern Grove, NW3 2AB

Kate: km_white@mac.com

Camden Memory Service: [02033176584](tel:02033176584) / nlft.camdenmemoryservice@nhs.net

Useful Contacts for Support and Information

Age UK Camden – Dementia Wellbeing Service

If you live in Camden and are living with memory loss or dementia our Dementia Wellbeing Service can provide flexible support to you, your family or carers. Following an initial home visit they'll work with you, your family or carers to produce a personalised wellbeing plan. This plan will focus on the issues that you think will make a difference. The team can work with you for up to 3 months and this can include weekly, bi-weekly or monthly visits.

Please contact the event provider to book your place, discuss any access needs, and plan your travel

Age UK Camden – Dementia Befriending Service

Our Dementia Befriending Service supports Camden residents over the age of 55 in the early or moderate stages of dementia, to live independently and safely at home for as long as possible, stay socially engaged and carry on doing what they love. We will match you with a trained and checked volunteer who you share common interest with for a weekly visit. Age UK Camden also have many other services to support older people.

Contact: dementia.wellbeing@ageukcamden.org.uk / 0208 103 3991 / ageuk.org.uk/camden/our-services

Camden Carers

Fortnightly Zoom meetings where Dementia Carers come together, share experiences and support each other. Many different activities, support and information for carers. www.camdenccs.org.uk

Miles Maier: info@camdenccs.org.uk / 0207 428 8950

Camden Memory Service

A specialist service that provides assessment, diagnosis and treatment for people living with dementia and their friends and families.

Contact: 020 3317 6584 nlft.camdenmemoryservice@nhs.net

Camden Care Choices

Camden Council's website with information and advice about care and support in Camden. Contact: CamdenCareChoices@camden.gov.uk [Dementia and memory | Home](#)

Book: Knowledge is Power – making life easier after a diagnosis (free)
dementiavoices.org.uk/deep-resources/knowledge-is-power/

Dementia UK

Dementia Nurse Specialist Advice Helpline (Admiral Nurses)

Contact: 0800 888 6678 / helpline@dementiauk.org / dementiauk.org

In person appointments at Nationwide Building Society

dementiauk.org/information-and-support/how-we-can-support-you/admiral-nurses-clinics/nationwide/

Dementia Carers Count

Provides online training on dementia, carers rights and peer support groups.

Free: dementiacarers.org.uk/vcc

Please contact the event provider to book your place, discuss any access needs, and plan your travel

Dementia Adventure

Online programme of workshops aimed at developing the skills and knowledge of carers, families and healthcare professionals. Free.

dementiaadventure.org/training-and-support

Hopscotch Women's Centre

We are working to raise awareness of dementia and support families within minority communities. 50-52 Hampstead Rd, London NW1 2PY

Shahnaz Akhtar: 020 7388 8198

Monthly Support Group for Carers of People Living with Dementia

July 7th at 2.00 – 3.00pm

Kentish Town Health Centre, 2 Bartholomew Rd, London NW5 2BX

Nori: norigraham1@gmail.com

Every Thursday 7.00 – 8.30pm

Kick Off With a Verse – Online group for Carers

Using poetry as a springboard for sharing, participants are encouraged to find their own words to describe the experience of caregiving.

carersmanchester.org.uk/series/kick-off-with-a-verse-thursday-evenings/

Email: karindenovellis@gmail.com

Rare Dementia Support Groups

Regular support for people living with a rare dementia e.g. Lewy Body Dementia, Fronto-temporal dementia. Everyone affected by a rare dementia is welcome after registering with us including people living with a dementia.

Contact: raredementiasupport.org/meetings

Re-engage

Supports older people (75+) experiencing loneliness through regular social gatherings, calls and activity groups. Contact: reengage.org.uk

Reading Well for Dementia

Books chosen by people living with dementia, carers & health partners stocked in your library.

Contact: readingagency.org.uk/resources/7123

Please contact the event provider to book your place, discuss any access needs, and plan your travel

TIDE (Together In Dementia Everyday)

Carer support groups meet online weekly, including groups for male carers and those recently bereaved. There's also a programme of dementia information and practice aimed at carers and families. Free.

Book: tide.uk.net/events

Transport Hubs Mobility Advice Service - Accessible Travel

North and East London Hubs Lead: Liane Burn

Info re Community transport, Blue Badges, taxi cards etc

Contact: 07562 953212 / Liane@hertsability.org.uk

Become a Dementia Friendly organisation in Camden?

Everyone can play a part in making people living with dementia and their carers feel welcome, included and valued by the community. We welcome any organisation in Camden regardless of size or sector – retail or business, charity or faith group, sports and leisure centres can apply to join.

nclhealthandcare.org.uk/get-involved/become-a-dementia-friendly-organisation/

Hearing aid repair clinics for Camden residents

Audiologists carry out tests to determine the presence, nature and extent of hearing loss and balance disorders, enabling accurate clinical diagnosis of hearing-related conditions. Patients who have hearing aids from one of our hospitals and require a repair, pre-book an appointment, Monday to Friday.

Barnet Hospital: 020 8216 4912 or 020 8216 4600 ext 64912

(Mon to Fri, 9.00am – 5.00pm) / rf-tr.audiologyadmin@nhs.net

Chase Farm Hospital: 020 8375 1117 or 020 8375 2999 ext 51777

(Mon to Fri, 9.00am – 5.00pm) / rf-tr.audiologyadmin@nhs.net

Royal Free Hospital: 020 7472 6318 or 020 7794 0500 ext 38171

(Mon to Fri, 9.00am – 5.00pm) / rf.audiology@nhs.net /

royalfree.nhs.uk/services/audiology

Please contact the event provider to book your place, discuss any access needs, and plan your travel